

Baseline ImPACT Test

Why Concussion Baseline Testing Is Important

Benefits Of Concussion Baseline Testing

1. Individuals receive more personalized and tailored care because the healthcare provider is comparing their progress to their own “normal”.
2. Healthcare providers have more objective information that helps them make more informed decisions throughout a patient’s recovery.
3. Schools administering baseline testing as part of a comprehensive concussion protocol are giving students the best chance at a successful recovery.

What is concussion baseline testing?

ImPACT baseline testing is a computerized neurocognitive test administered prior to a head injury. If the individual is an athlete, baseline testing should be completed prior to an athletic season, including practices. If a head injury occurs, healthcare providers will compare the baseline test results to those from a post-injury test. Differences in scores give healthcare providers insight into the specific deficits an individual is experiencing after a concussion and helps them create tailored treatment plans.

What do baseline concussion tests measure?

ImPACT baseline testing assesses an individual’s visual and verbal memory, reaction time, and processing speed before a head injury.

This is your own personal score and does not affect any your grades in school.

Please read all instructions carefully and take in a quiet environment.

Remote ImPACT Concussion Testing

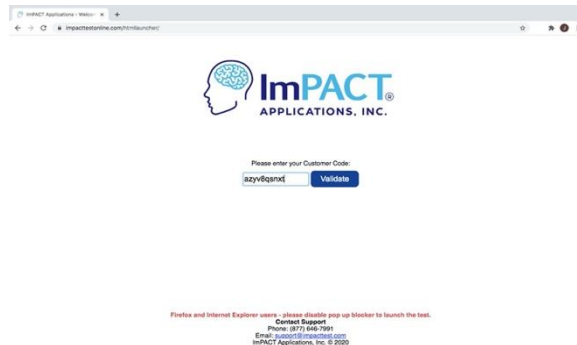
Instructions: **DON'T USE YOUR PHONE!**

USE FULL LEGAL NAME. No Nicknames or abbreviated names

The ImPACT baseline test takes approximately 30-45 minutes. Please have a quiet testing environment with limited/no distractions. This test is used to measure baseline values in the event of a brain injury.

Instructions:

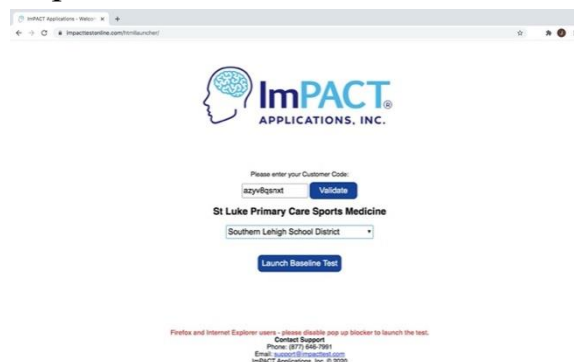
- . 1) Open up your web browser. Google chrome typically works the best.
- . 2) Please go to www.impacttestonline.com/testing
- . 3) Please enter this code into entry box: **AZYV8QSNXT**
- . 4) You will then click Validate



The screenshot shows a web browser window with the URL www.impacttestonline.com/testing. The page features the ImPACT Applications, Inc. logo at the top. Below the logo, there is a text input field labeled "Please enter your Customer Code:" with the code "azyv8qsnxt" entered. A "Validate" button is next to the input field. At the bottom of the page, there is a small text block that reads: "Firefox and Internet Explorer users - please disable pop-up blocker to launch the test. Contact Support Phone: (877) 646-7393 Email: support@impacttest.com ImPACT Applications, Inc. © 2020".

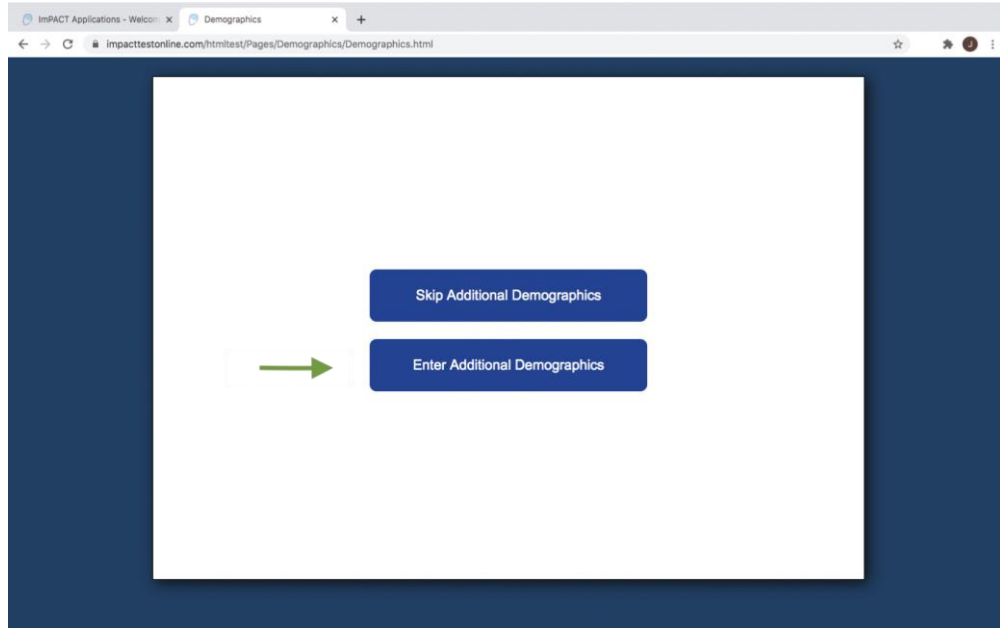
TIP: copy and paste the link and the code
IF IT ASKS TO PURCHASE TEST YOU PUT THE INFORMATION IN WRONG

- . 5) From the drop down menu you will select: **Wilson Area School District**
- . 6) Click Launch Baseline Test
- . 7) As you begin the test, enter the prompted information.



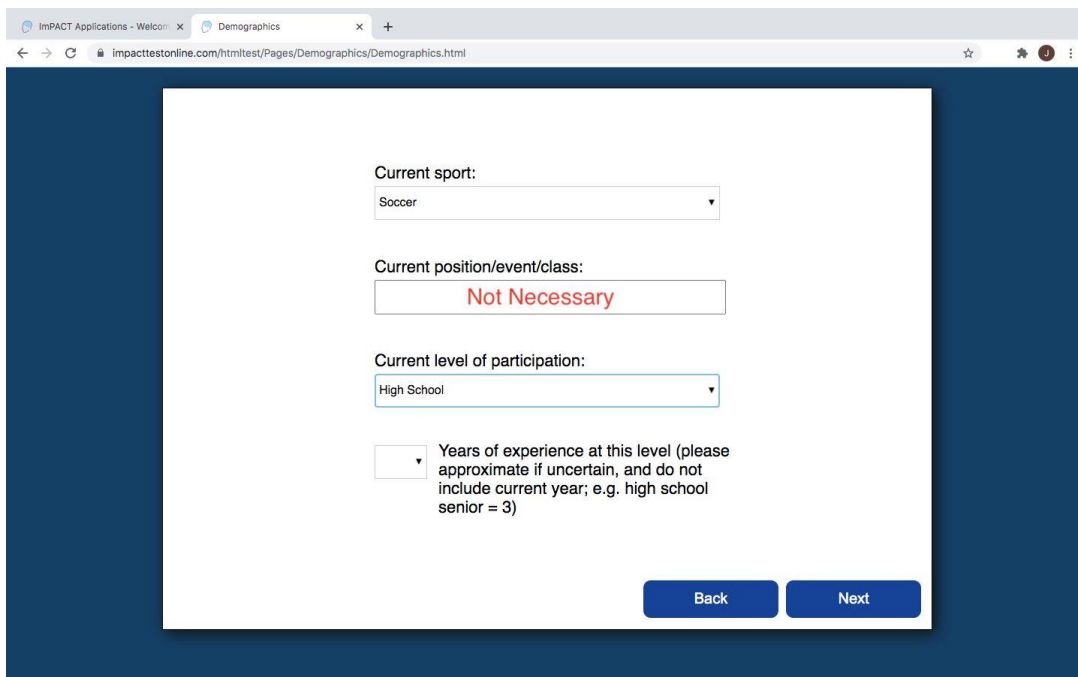
The screenshot shows the same web browser window as the previous one, but now the "Validate" button has been clicked. The page now displays the ImPACT Applications, Inc. logo and a text input field labeled "Please enter your Customer Code:" with the code "azyv8qsnxt" entered. Below this, there is a dropdown menu labeled "St Luke Primary Care Sports Medicine" with "Southern Lehigh School District" selected. A "Launch Baseline Test" button is at the bottom. At the bottom of the page, there is a small text block that reads: "Firefox and Internet Explorer users - please disable pop-up blocker to launch the test. Contact Support Phone: (877) 646-7393 Email: support@impacttest.com ImPACT Applications, Inc. © 2020".

8) When this screen pops up: Click **Enter Addition Demographics**



The screenshot shows a web browser window with the URL impacttestonline.com/htmltest/Pages/Demographics/Demographics.html. The page has a dark blue background. In the center, there is a white rectangular area containing two blue buttons. The top button is labeled "Skip Additional Demographics" and the bottom button is labeled "Enter Additional Demographics". A green arrow points from the left towards the "Enter Additional Demographics" button.

9) As you work through the demographic questions, a sports related question will come---If your sport **does not have a position and/or you do not have an assigned position you can leave that section blank**. Years of experience is asking how many years have you played at the middle school level or high school level (example: 7th grader=0 and Freshman=0):



The screenshot shows the same web browser window as before, but the page content has changed. It now displays a form with the following questions and input fields:

- Current sport:** A dropdown menu with "Soccer" selected.
- Current position/event/class:** A text input field containing "Not Necessary" in red text.
- Current level of participation:** A dropdown menu with "High School" selected.
- Years of experience at this level (please approximate if uncertain, and do not include current year; e.g. high school senior = 3):** A text input field.

At the bottom right of the form, there are two blue buttons labeled "Back" and "Next".

9) **READ ALL DIRECTIONS CAREFULLY AND THOROUGHLY**

10) When you have completed the test your end screen will look like the picture below. **An email DOES NOT need to be entered!** We recommend taking a picture or screen shot for your records.

If your test reads “Baseline ++” after Test Type, that is considered an invalid score. You will have to retake the exam at your convenience (see below for an example of an invalid score).

If your score reads “Baseline” after Test Type you can exit out and you are good to go!

ImPACT® Completion Confirmation

Name: John Smith
Date of Birth: Mar 12, 2005
Test Type: Baseline ++
Test Date and Time: Jul 28, 2020 11:36:36 am EDT
Confirmation ID: H_E01B580D939A442E95DE74D671F473FEA2F2659C16EB41AAB269CE7158FB7540
Your Passport ID*: F6RD-FXWL-RZJS

“Baseline ++” = INVALID Test (Please Retake)
“Baseline” = Valid Test

Print this Confirmation Save as PDF

Email address
Confirm email address
Email this Confirmation

**** If you have any questions or concerns please reach out to the Sports Medicine staff via email at bbushnel@wilsonareasd.org ****